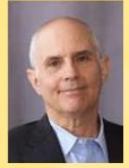




# EAST MEETS WEST FEST PROGRAM GUIDE 2018

**ALL PROGRAMS AND WORKSHOPS ARE FREE!**



## CHAPEL

**2:00 pm - Sacred Sound Bath** with Soundsation

**3:00 pm - The Fullness of Meditation!** with Nancy Merrifield

**3:30 pm - Kriya Yoga - Transcending Karma!** with Nayaswamis Hriman and Padma McGilloway

**4:00 pm - Joy of Chanting** with Ananda Next Wavers

**4:30 pm - Singing to Open the Heart** with Bhagavati and Ramesh Nani

**5:00 pm - Inner Sound Yoga** with David Eby, Murali Venkatrao & Samara Spitzer

**6:00 pm - Keynote Presentation** with Nayaswamis Jyotish & Devi Novak, Imam Jamal Rahman, Rabbi Ted Falcon, Rev. Michael Ingersoll and author Phil Goldberg

## CHAPEL FOYER

**3:00 pm - Booksigning with Narayani Anaya** author of *My Heart Remembers*

**3:30 pm - Booksigning with Krysta Gibson** author of *Anything is Possible*

**4:00 pm - Booksigning with Jamal Rahman** author of *Sacred Laughter of the Sufis*

**4:30 pm - Booksigning with Rabbi Ted Falcon** author of *Finding Peace through Spiritual Practice*

**5:00 pm - Booksigning with Nayaswamis Jyotish and Devi Novak** authors of *A Touch of Joy*

**5:30 pm - Booksigning with Philip Goldberg**, author of *The Life of Yogananda*

## CLASSROOM

**2:00 pm - Cell Phone Yama Sutra** with Narayan and Dharmadevi Romano

**2:30 pm - My Heart Remembers** with Shurjo Jha and Narayani Anaya

**3:00 pm - Taking Your Spirituality to Work** with Krysta Gibson

**3:30 pm - Sufi Heart!** with Imam Jamal Rahman

**4:00 pm - Wisdom of the Torah** with Rabbi Ted Falcon

**4:30 pm - Touch of Joy** with Nayaswamis Jyotish and Devi Novak

**5:00 pm - Life of Paramhansa Yogananda** with Author Philip Goldberg

**5:30 pm - Choir Rehearsal**

## COURTYARD

**2:30 pm - Yogananda's Metaphysical Healing** with Christy Johnston

**3:00 pm - Storytelling from Mystical India** with Murali Venkatrao

**3:30 pm - Children's Puppet Show** with Living Wisdom School

**3:30 pm - Yoga of Natural Farming** with Zach and Hailey Abbey

**4:00 pm - Art for Children** with Living Wisdom School

**4:00 pm - Is Your Child Truly Thriving?** with Kamran Matlock

**5:00 pm - Living Yoga Body, Mind and Soul!** with Zach & Hailey Abbey, and Bhima Breckenridge

## LAWN AREA

**2:00 pm - Children's Yoga** with Chandi Holliman

**2:30 pm - Children's Kirtan & Meditation** with Chandi Holliman

**2:30 pm - Spirit and Nature Walk Hand in Hand** (Meet at Tent and Go from There) with Navashen Jones

**3:00 pm - Alignment Basics - Learning to Live from Your Center** with Michelle Phua

**3:45 pm - Experience Classic Hatha Yoga, the Ananda Way** with Lynne Steele

**4:30 pm - Vinyasa Breathwork** with Brian Charlton



# Bastyr University East Meets West Fest

Restrooms

Cafe

Courtyard

Classroom

ATM

Foyer

Chapel

Restrooms

Entrance

Lawn Area

North Parking Lot

